OFFICE OF CATHOLIC SCHOOLS DIOCESE OF ARLINGTON QUICK REFERENCE EMERGENCY PLAN Part A of Diabetes Medical Management Plan

HYPOGLYCEMIA

Appendix F-5

	(L	low Blood Sug	gar)		
Student Name		See reverse for Part B and signatures	School Teacher/grade		 Feacher/grade
Mother/Guardian			Father/Guard	dian	
Home phone Work	phone Cell		Home phone	Work phone	Cell
Trained Diabetes Personnel NEVER SEND	A CHILD WITH SUSP	ECTED LOW	Contact Num		ONE.
	Causes of Hypoglycemia Too much insulin Missed food Delayed food Too much or too intense exercise Unscheduled exercise		Onset • Sudden		
		Symptoms			
Mild • Hunger • Sweating • Shakiness • Drowsiness • Weakness • Personality ch • Paleness • Inability to con • Anxiety • Irritability • Dizziness • Other:	Circle stude	nt's usual symptom Actions needed Personnel. If possi	beech s. ble check blood s		
	Management Plan. When in	doubt, always TR	EAT FOR HYPO	DGLYCEMIA	
Mild • Student may/may not treat self. • Provide quick-sugar source. 3-4 glucose tablets or 4 oz. juice or 6 oz. regular soda or 3 teaspoons of glucose gel • Wait 10 to 15 minutes. • Recheck blood glucose. • Repeat food if symptoms persist or blood glucose is less than • Follow with a snack of carbohydrate and protein (e.g., cheese and crackers).	Per MII • Wait 10 • Recheck • Repeat to or blood • Follow carbohy	Moderate e assists. dent quick-sugar so _D guidelines. to 15 minutes. a blood glucose. food if symptoms po d glucose is less that with a snack of rdrate and protein (a and crackers).	ersist n	 Sever Don't attempt to give by mouth. Position on side, if po Contact school nurse of diabetes personnel. Administer glucagon, prescribed. Call 911. Contact parents/guard Stay with student. 	anything ssible. or trained as

OFFICE OF CATHOLIC SCHOOLS DOCESE OF ARLINGTON QUICK REFERENCE EMERGENCY PLAN Part B of Diabetes Medical Management Plan HYPERGLYCEMIA (High Blood Sugar)



This quick reference emergency plan reflects orders stated in the Diabetes Medical Management plan and is authorized by;

Licensed Health Care Provider	Telephone	Date	
Parent	Telephone	Date	

Helping the Student with Diabetes Succeed: A Guide for School Personnel