

Dear Parents,

Welcome Back! We are looking forward to another great year of taking care of the health needs of your children. Please take note of the important items below:

Medications: If your child needs medication please ask their health care provider to space the doses around the school day. If a dose at school is needed please have your HCP complete the Medication Authorization Form found on the Saint Ann School website under Forms. Parents must bring the Medication Authorization Form and medication (in its original container) to the school office. Parents can authorize over-the-counter medications by completing that portion of the Medication Authorization Form and bringing the original container to the School Office. **No Medications are permitted in the classrooms—this includes cough drops, over the counter medications and inhalers.**

Health Forms: <https://stann.org/forms/>

Sick children/Infectious illnesses: If your child has a temperature greater than 100.2 degrees please keep them at home. **Students must be free of fever for 24 hours without medication.** If your child develops a fever greater than 100 degrees during the day we will call you to arrange pickup.

Norovirus (stomach virus) – emesis (vomit) free and fever free for 24 hours prior to return.

Respiratory Illnesses (COVID, RSV, Influenza) – 24 hours fever free and symptoms improving.

Strep throat/Pink eye - can return 12 hours after first dose of antibiotic.

Excuses: When a student requests a waiver for PE or recess, parents must submit a written request from the medical provider and the time frame for the restriction.

Crutches: Students who require crutches at school must have a medical provider's note and crutch training.

Health Updates: Please complete the Health Update Form, and **return as soon as possible.** We review these in detail to identify students with current health conditions or allergies. Please try to be as specific as you can on the form. We provide a list to teachers (by classroom and household) as needed.

Food Allergies: We have several children with life threatening food allergies. Our goal is to educate both children and staff to be aware of their environment and to take necessary precautions to avoid an allergic reaction. Children who consume peanut butter during lunch or snack must wash their hands with soap and water after they finish. Please do not send in any items with peanuts or tree nuts for parties, bake sales or class activities. Remind your child not to share or trade food.

Lice: See school nurse page for recommendations.

Visit the school nurse page on the Saint Ann School website for frequently asked questions, resources and links to forms. Please do not hesitate to contact us with any questions or concerns you may have. A nurse is in the clinic Monday through Friday 8:00am- 3:00pm. We check e-mail daily but for time-sensitive issues outside of clinic hours contact Kristin Garesche in the school office.

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Saint Ann Catholic School nurses

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